

## Resources for FCM Families

Please note that inclusion in this list does not represent official endorsement by FCM or the Equity Committee of any of the resources, authors, or organizations below. We encourage you to vet all resources directly, based on your own criteria, and are offering this list as a starting point for that work.

If you have any suggestions for resources to be added to this list, please contact the Equity Committee: [equity@followthechild.org](mailto:equity@followthechild.org).

### Resources Specific to Recent News in Kenosha, WI:

- [Support the Milwaukee Freedom Fund](#), which will help protesters in Kenosha with bail and locating attorneys.
- **Donate** to this [GoFundMe](#) for Jacob Blake's family.
- **Contact local officials:** Although the officers involved in Blake's shooting were put on administrative leave, you can still call or email local officials in Kenosha to demand they are held fully responsible:
  - Kenosha City Attorney: 262-653-4170; Email: [webcityattorney@kenosha.org](mailto:webcityattorney@kenosha.org) or City Attorney Edward Antaramian at [eamtaramian@kenosha.org](mailto:eamtaramian@kenosha.org)
  - Kenosha Mayor and City Administration: 262-653-4000; Email: [mayor@kenosha.org](mailto:mayor@kenosha.org) or [info@kenosha.org](mailto:info@kenosha.org)
  - Kenosha Police Non Emergency Line: 262-656-1234
  - Wisconsin Department of Justice: 608-266-1221; [email form](#)
  - [This directory](#) has more phone numbers for the city of Kenosha.
- [Sign the civil rights advocacy organization's Color of Change's petition](#) to call for the firing and arrest of an officer who shot Blake.

### General Resources for Talking to Kids About Current Events

- [George Floyd. Ahmaud Arbery. Breonna Taylor. What do we tell our children?](#) (Alia E. Dastagir, *USA Today*)
- [How To Talk To Your White Children About George Floyd](#) (Ramshackle Glam)
- [How to talk to your children about protests and racism](#) (Santee LaMotte, CNN)

- [Talking to Children After Racial Incidents](#) (University of Pennsylvania Graduate School of Education), featuring author [Howard Stevenson](#), an expert on racial stress and trauma
- [Talking to kids about race](#) (National Geographic) includes advice for very young children
- [These Books Can Help You Explain Racism and Protest to Your Kids](#) (Jessica Grose, *New York Times*)

### Protest-Specific Resources

- [Talking to Kids About Protesting: 5 Things I Want my Kids to Know](#) (We Stories)
- [How to Talk to Your Children About the Protests](#) (Nancy Keats, *Wall Street Journal*)
- [How to Explain Black-Led Protests to Kids and Teach Them to Become Activists, Too](#) (Kate Schweitzer, POPSUGAR)

## General Resources for Parents About Race & Racism

- Comprehensive [Anti-Racist Resource Guide](#) (Victoria Alexander, MEd.: [Twitter](#) | [Instagram](#) | [Facebook](#) | [Website](#))
- [KidLit Rally 4 Black Lives: Anti-Racist Resources for Children, Families, and Educators](#) (Olugbemisola Rhuday-Perkovich, Brown Bookshelf)
- [100 Race-Conscious Things You Can Say to Your Child to Advance Racial Justice](#) (Raising Race Conscious Children)
- [Talking Race with Young Children](#) (NPR Podcast)
- [Your Kids Aren't Too Young to Talk About Race: Resource Roundup](#) (Pretty Good)
- [Raising Race Conscious Children](#) Blog
- [Resources for talking to children about race and racism](#) (Montessori Teachers Facebook Group and Montessori for Social Justice Facebook Group)
- [Talking About Race](#) (National Museum of African American History and Culture)
- [How to Talk to Kids about Race and Racism](#) (Parent Toolkit)
- [MYSELF and My World: The Skin I'm In - Talk With Me Toolkit](#) (Smithsonian Learning Lab)
- [It's the Little Things](#) (Youth Outside)
- [Breaking Down Racial Hierarchy](#) (Gail C. Christopher, The St. Louis American)
- [Our Liberation is Bound Together—Part 1: This for everyone.](#) (Embracing Equity)
- [BLM Reading Room](#) (click on each book cover to access a video reading of the book)

## Organizations to Connect With & Stay Informed

National (exerpt from Victoria Alexander, MEd's [Anti-Racist Resource Guide](#)):

The Antiracist Research & Policy Center: [Website](#) | [Twitter](#) | [Facebook](#) | [Instagram](#)

Audre Lorde Project: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)

Black Lives Matter: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)

Black Lives Matter has various local chapters. Find yours [here](#)!

Black Women's Blueprint: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
Color Of Change: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
Colorlines: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
The Conscious Kid: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
Equal Justice Initiative (EJI): [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
Families Belong Together: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
Higher Heights Leadership Fund: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
Leadership Conference on Civil & Human Rights: [Website](#) | [Twitter](#) | [IG](#) | [FB](#) | [Youtube](#)  
The Movement for Black Lives: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#) | [Youtube](#)  
NAACP: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
NAACP Legal Defense Fund: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
National Urban League: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#) | [Youtube](#)  
Showing Up for Racial Justice (SURJ): [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
SURJ has various local chapters. Find yours [here!](#)  
Southern Poverty Law Center: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
United Negro College Fund: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)  
Woke Vote: [Website](#) | [Twitter](#) | [Facebook](#) | [Instagram](#)

Local:

ACLU NC: [Website](#) | [Twitter](#) | [Facebook](#) | [Instagram](#)  
Activating Families Across Raleigh (AFAR): [Website](#) | [Twitter](#) | [Facebook](#) | [Instagram](#)  
NAACP NC: [Website](#) | [Twitter](#) | [Facebook](#) | [Instagram](#)  
NAACP Raleigh / Apex branch: [Website](#) | [Twitter](#) | [Facebook](#)

## Black Voices / Representation

Local:

- [The Triangle Tribune](#)
- [The Carolinian Newspaper](#)
- Black Oak Society: [Website](#) | [Twitter](#) | [Instagram](#) | [Facebook](#)
- Liberation Station Bookstore [Website](#) | [Instagram](#) | [Facebook](#)
- Mothering On The Margins Podcast [Website](#) | [Instagram](#) | [Facebook](#)
- [Support Black Owned](#) Businesses (NC)
- [Triangle Black Pages](#)

Add'l:

- [Where to Find Diverse Books](#) (We Need DiverseBooks)
- [10 Black-Owned Online Bookstores to Support While at Home](#) (Njera Perkins, AfroTech)
- [Looking for Excellent "Diverse" Books for Children? Start Here!](#) (Embrace Race)

## Resources for White Allies

- [What White Children Need to Know About Race](#), (Ali Michael and Eleanora Bartoli, National Association of Independent Schools)
- [We Need More White Parents to Talk to Their Kids About Race. Especially Now](#) (Chandra White-Cummings, Washington Post)
- [10 Children's Books That Help White Kids Understand What Children Of Color Are Up Against](#) (Ni'Kesia Pannell, Romper)
- [75 Things White People Can Do for Racial Justice](#) (Corinne Shutack, Medium)
- [Anti-racism resources for white people](#) (Sarah Sophie Flicker, Alyssa Klein) (includes a section specific to parents)
- [The Anti-Racist Reading List](#) (Ibram X. Kendi, The Atlantic)
- [11 Things to Do Besides Say 'This Has to Stop' in the Wake of Police Brutality](#) (Brittany Wong, HuffPost)
- [For Our White Friends Desiring to be Allies](#) (Courtney Ariel, Sojourners)
- [Our Liberation is Bound Together—Part 3: This is for white folks.](#) (Embracing Equity)

## Resources for Allies who are non-Black POC

*In light of the recent events concerning police brutality against Black people, the resources in this section focus on ways that non-black POC can be allies to Black communities. To be sure, non-Black POC also face racism against their own communities. In the future, the Equity Committee will circulate resources aimed at supporting and building resiliency among non-black POC, both parents and children.*

- [20+ Allyship Actions for Asians to Show Up for the Black Community Right Now](#) (Michelle Kim, Awaken Blog/Medium)
- [A Letter from Young Asian Americans to Their Families about Black Lives Matter](#) (Shareen Marisol Meraji & Kat Chow, The Code Switch Podcast/NPR)
- [Asian Americans Need to Talk about Anti-blackness in Our Communities](#) (Rachel Ramire, Vox)

- Video: [How South Asians in the US Can Support 'Black Lives Matter' and the Fight for Racial Equality](#) (Scroll.in)
- [How Latinx People Can Fight Anti-Black Racism in Our Own Culture](#) (Angie Jamie, Teen Vogue)
- Article: [Dismantling Anti-Blackness Together](#) (nacla.org)
- Podcast: [Two Latina Activists on Latinos' Place in Anti-Blackness](#) (Latina to Latina)
- Latinxs for Black Lives Matter [Facebook](#)
- [Non-Black People of Color Need to Start Having Conversations About the Anti-Blackness In Our Communities](#): A guide to starting anti-racist conversations with friends and family (Sharon Park, DoSomething.org)
- [Our Liberation is Bound Together—Part 2: This is for non-Black People of Color](#). (Embracing Equity)

### Resources for Black Families

- [Parent Resources](#), including many specifically for Black families (American Psychological Association)
- [Having 'The Talk': Expert Guidance On Preparing Kids For Police Interactions](#) (Arionne Nettles and Monica Eng, NPR)
- [Moving 'The Talk' to 'The Walk' for Black Children](#) (Riana Elyse Anderson, PhD, Parent Toolkit)
- [In My Skin: Supporting Positive Racial Identity Development in Black Children](#) (Embrace Race w/ Dr. Aisha White) including these [additional resources](#)
- [Black Books Matter: Children's Books Celebrating Black Boys](#) (the conscious kid)
- [Top 154 African-American Children's Books](#) (African American Literature Book Club)
- Opinion essay: [I Told My Four-year-old the Truth about Slavery](#) (Kiana Keys, Zora/Medium)
- [List of Raleigh Clinicians of Color](#)

- Triangle therapists who have self-identified as specializing in treating trauma resulting from experiencing racism (compiled by Bryony Crain, LCMHC; please note that these clinicians have not been vetted by the Equity Committee)
  - [Tiffany Ashe](#)
  - [Marisol Perez](#)
  - [Bridges Family Life Center](#)
  - [Amber Apostol](#)
  - [America Allen](#)
  - [Ling Beisecker](#)
  - [The Journey and the Process](#)
  - [Dorothy McGilvary](#)
  - [Karaleah Reichart](#)
  - [Maggie MacLeod](#)
  - [Joy Long-Vidal](#)
  - [Brian Purnell](#)
  - [Hayden Dawes](#)
  - [Jennifer Bullock](#)
  - [Ivy Hooper](#)
  
- [NC State Association of Black Social Workers](#)

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*Originally compiled by the FCM Equity Committee in June 2020.*

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